

CODA UK National Service Committee (NSC) Meeting
Saturday 5th September 2026, 1-5pm

AGENDA

Zoom Meeting (see email/website for sign in details)

The meeting will follow the established format of 30 second shares from each member before a vote is taken, if one is required.

There may not be enough time in the meeting to go through written reports in detail, **so we ask members to come prepared, having read the reports and agenda items in advance.** We will then have time for questions, sharing and reflection during each item.

All CoDA members are invited to attend NSC meetings and the AGM, but only NSC Committee members and Group Service Reps (GSRs) can vote.

Please note, the minute taker will record votes and actions, which we will review at the end of the meeting. Any references to individuals are on a first name basis only. If you do not wish to be mentioned by name in the minutes, please make this clear to the minute taker.

NSC Committee Members: Jon, Chair; Andy, NSC Secretary & Bank Signatory; Annie, NSC Treasurer, Bank Signatory & Public Liability Insurance Rep; Julia, Meetings list secretary; Rochelle, CoDA Service Conference (CSC) Delegate, Sponsorship Rep, Website team & Bank Signatory; Mandy, CSC Delegate; Emily, Alternate CSC Delegate; Gillian, Bank Signatory; Don, General NSC Member; Mali, General NSC Member

NSC Committee Member positions currently unfilled: Vice Chair, Comms Secretary; Website Secretary; Public Information/Hospitals & Institutions (PI & H&I) Secretary; Literature Secretary (see also section 6 below – other positions are available, these are just the main service area vacancies)

Volunteering in NSC service: Kate (Comms, Website & Public Information/Hospitals & Institutions (PI & H&I)); Bryony (Meetings List); Jason (Comms)

Before the NSC meeting	Start	Finish
GSRs' forum/sharing session During this session, questions can be put to members for Higher Power to answer in the form of experience, strength and hope. As one NSC trusted servant said: often the best way to ask a question in CoDA is simply to state it as an issue. But please feel free to ask anything.	12.30	~12.55

<u>Agenda item</u>	Start	Finish
1 Welcome , moment's silence, 12 Traditions, 12 Service Concepts and Sharing Guidelines. Reminder of 30 second time out with serenity prayer if anyone requests. Appointment of a spiritual timekeeper 15 mins	13.00	13.15
2. Introductions and Feelings check in (individual only, i.e. not service/subcommittee/group reports). Please be as brief as possible – service positions and “three words only” for feelings check-in. If any GSRs or committee members have AOB, please let us know now and this can be added for item 9 near the end of the meeting. Count members eligible to vote 15 mins	13.15	13.30

3. Last NSC minutes 10 mins June 2026 – these were approved at the end of that meeting. Are there any questions? Carried forward from previous meetings and not yet complete due to the capacity of members giving service – would you like to help? Please come along and offer your time to support the completion of these items: <i>Mar 2025</i> Review NSC's data protection (GDPR) arrangements & practices including mailing list/s and newsletter mailing programme. <i>Currently with Andy, & Rochelle volunteered to reflect.</i> <i>Jul & Sept 2025</i> Suggestion that NSC members and GSRs share about their roles and experience/service in future newsletters (some done).. Any submissions would be welcomed and can be submitted to communications@codauk.org – ongoing. <i>Jul 2025 to Mar 2026</i> Need for NSC constitution/procedures/byelaws including voting procedures (independence from IN&R voting where relevant). <i>Annie, Rochelle and Andy volunteered to assist in starting the process. Julia and Bryony volunteered to reflect.</i> <i>Jul 2026</i> Additional meeting to be arranged, to review and discuss the literature publisher's report and proposal. <i>Could be discussed during 4c</i>	13.30	13.40
4. Subcommittees & service areas: reports & updates from members in service 30 second timed shares following verbal summary of reports		
4a. Sponsorship Committee 10 mins	13.40	13.50
4b. Member Networks/CoDA Outreach Groups <i>no-one in service</i>		
4c. Literature 15 mins <i>No-one in service.</i> <i>Note – report from publisher included at March AGM, with a proposal for stock holding, has yet to be discussed; additional meeting proposed but not yet scheduled.</i> <i>Note – query received about UK stocks of colouring book, and how to query this with the publisher.</i>	13.50	14.05
4d. Public Liability Insurance (PLI) <i>With Treasury</i>		
4e Meetings list 10 mins	14.05	14.15
4f Communications & Website 4g Public Information & Hospitals & Institutions 15 mins together <i>No-one in NSC committee roles, but some members are active – any updates?</i>	14.15	14.30
4h. CoDA Intergroup North & Regions 10 mins <i>No report received. Any updates?</i>	14.30	14.40
4i. London & South East Region <i>not currently running</i>		
5. Treasury 15 mins <i>See Agenda Items document</i> <i>Including Public Liability Insurance</i>	14.40	14.55
10-minute break (may be moved if earlier timings change)	14.55	15.05
6. Service positions vacant 20 mins <i>Discussion if needed; votes</i>	15.05	15.25

Key positions vacant: • Comms Secretary • Website Secretary • PI & H&I Secretary • Additional Alternate CSC Delegate(s) • Literature Secretary • Vice Chair • General NSC Members Also informal service roles, to join teams working on communications, public information/hospitals & institutions, meetings list, sponsorship. All available positions, including shared ones: https://codauk.org/nsc-service-positions/ Shadowing roles before choosing to take them on is welcomed, and sponsorship into new roles is available. Nominations for service positions can only be accepted if the member is present in the meeting.		
7. CoDA Service Conference (CSC) 15 mins – see <i>Agenda Items</i> document Including: set dates for 3 CSC preparation meetings late Sept to mid Oct	15.25	15.40
8. NSC Inventory Taking 10 mins – see <i>Agenda Items</i> document	15.40	15.50
9. Agenda items see attached 30 second timed shares		
9a Request to discuss Codependents Matters meetings – 20 mins – see <i>Agenda Items</i> document	15.50	16.10
9b Proposal that the NSC recognises [Service] Network as a term describing an ongoing, collaborative form of CoDA service – 20 mins – see <i>Agenda Items</i> document	16.10	16.30
10. Any Other Business (AOB) 20 mins	16.30	16.50
11. Future NSC meetings for 2026 Dates to set: • 3 CSC preparation meetings (included in 7 above) Dates already agreed: • Quarterly NSC meeting Saturday 5th December 13.00 – 17.00 NSC inventory meetings: continuation dates are agreed at each meeting – next is 7th November, 10.00 – 12.00		
12. Agree actions onscreen so minutes can be circulated straight away 8 mins	16.50	16.58
13. Close – Promises and long form Serenity Prayer 2 mins	16.58	17.00
Date of next meeting: Saturday 5th December, 1 – 5pm		
Future Business: See relevant items in 3 above Agree NSC quarterly meeting dates for 2027		

Ask It Basket Session This is a chance to ask anything you wish about CoDA UK and service, or to continue discussions from the meeting informally. During this session, questions can be put to members for our group's Higher Power to answer in the form of our experience, strength and hope. As one NSC trusted servant said: often the best way to ask a question in CoDA is simply to state it as an issue. But please feel free to ask anything.	17.00	17.30
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The following items from the last NSC meeting are not continued today but may be picked up again in future:

Item and agenda reference from June 2026 NSC meeting	Reason/comments
<i>(From past minutes since July 2025)</i> Suggestion of a possible joint meeting between NSC and IN&R to discuss the relationship and any issues which might affect the fellowship as a result of two Voting Entities being set up in the UK.	Following extra NSC meeting January 2026 and now ongoing meetings between several committee members of NSC & IN&R, defer this for time being.
8a Proposal – digital literature pack for new face-to-face and hybrid meetings <i>Continued from December & March NSC meetings</i>	Ongoing – Awaiting a meeting to trial the pack. Agreed June 2026, item will be omitted from future agendas until further progress has been made.
8b Proposal – relating to concerns about IN&R <i>Continued from March NSC meeting item 8c, recrafted</i> Discussed by the group. No further action taken, with concerns raised regarding how the proposals would be applied in practice.	Ongoing meetings between several committee members of NSC and IN&R have yet to result in updates, to be reported back to the full NSC Committee.
8c Proposal – relating to NSC's previous funding of literature stock now with IN&R <i>Continued from March NSC meeting item 8a part 1</i> Discussed by the group. No further action taken.	
8d Proposal – relating to NSC funds provided for May 2025 founders' weekend <i>Continued from March NSC meeting item 8a part 2 – see attached</i> Discussed by the group. No further action taken.	