

CoDA UK

National Service Committee (NSC)

CSC 2025 Report



CoDA UK, NSC officers

We meet every 3 months for 4 hours

Chair - Andy B

Vice chair - vacant, service needed

Secretary - vacant

Treasurer - Annie W

Website - Kate F, Bryony, Pete H, Rochelle

Literature - vacant

Communications - Kate F

Newsletter - Jason

Meetings listings - Julia H, Bryony

PI / H&I - Kate F (+UK-wide network)

Sponsorship - Don, Rochelle

Delegates 2025/26 - Rochelle S, Mandy D

Alternate delegate - Kate F

CoDA UK meetings

CoDA began in the UK in 1989, grew quickly with new meetings and a newsletter, joined the World Service Conference in 1991, and today has 126 meetings with two Voting Entities.

UK meetings

58 in-person
70 online
128 in total

CoDA UK website

The website offers resources in 12 languages and helps members find meetings nearby, filtered by location.

CoDA meetings 24/7 via

<https://codauk.org/online>

<https://codauk.org/australia>

<https://codauk.org/canada>

<https://codauk.org/rest-of-world>



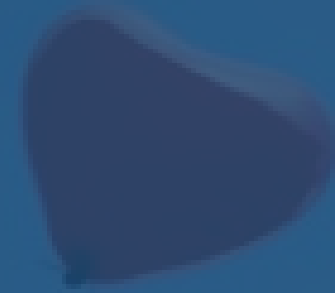
Year at a Glance

Attendance & participation

- Regular NSC meetings (6–20 participants)
- Agendas shared one month ahead
- Pre-CSC meetings to review motions

Service challenges

- Few members stepping into roles
- London & South East Intergroup inactive



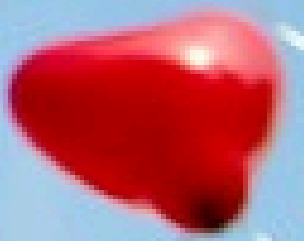
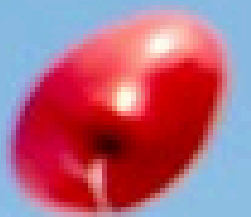
Year at a Glance

Inventory & difficult discussions

- Group Inventory held across 3 meetings
- Extra July 2025 meeting on sanctions & sensitive issues
- Members heard; discussions valuable

Internal needs

- Encourage more trusted servants
- Affirm the value of GSRs
- Develop constitution and P&Ps
- Clarify NSC role and responsibilities



A photograph of three hands of different skin tones (dark, light, and medium) resting on a dark wooden surface. The hands are positioned in the lower half of the frame, with fingers spread. The background is a dark blue gradient with faint, stylized hand silhouettes.

Autonomy + Unity

Recovery & support

- Regional WhatsApp groups connecting members locally
- Step Study support & matching system in development
- Sponsor/co-sponsor groups
- Outreach groups

Events & literature

- £8,000+ support to IN&R for May 2025 Manchester event
- £6,000+ literature purchased; distributed via IN&R

A photograph of three hands of different skin tones (dark brown, light brown, and medium brown) resting on a dark wooden surface. The hands are positioned in the lower half of the frame, with fingers spread out. The background is a dark blue gradient with faint silhouettes of people.

Autonomy + Unity

Connecting

- 8 new F2F meetings in 2025
- East Kent mini-intergroup conventions
- Sponsorship Workshop (May 2026)
- Exploring the idea of a South West England event

Transitions (IN&R, NSC, AFM)

- New VE raised role & relationship questions
- Guidance: NSC & IN&R independent in voting/finances
- Groups need clarity on alignment (AFM, NSC, IN&R)
- Constitution needed for funding & literature clarity

Goals and Accomplishments

PI Communications

PI team expands through UK events and email outreach, raising awareness of Codependence and CoDA Recovery.

Serving UK Fellowship

- Launch of our Newsletter with over 1000 new subscribers
- Following a survey and pre-CSC meeting, our delegates now carry the UK conscience to CSC

CoDA Sharing Guidelines

NSC has approved voluntary guidelines for focus and non-focus meetings and events (e.g. LGBTQIA+, neurodivergent, language, age, parenting, ethnic, colour or faith-based), supporting CoDA principles of safety and non-judgement.

Goals and Accomplishments

Treasury

- £1.2K annual budget for PI & H&I, group insurance, 11 x Microsoft 365 email licenses, website domain.
- £4,939 received in Tradition 7 donations. Sep 2024 - Aug 2025

Literature

- UK Literature Shop supports members and distributes across Europe
- New publications: Living Our Recovery through Service and Growing Up in CoDA
- Grateful to our UK licensees and all who serve through literature

Website

- Website refreshed with new menus
- Multi-language translation implemented
- Free literature project in progress (awaiting legal permission)
- Aim: make materials accessible online for people on the go
- Speaker audios continue to be added.

Insights

Member Survey

Understanding UK members — their needs, experience in CoDA, and service roles

Group Inventory

NSC conducts a regular group inventory

2025 Motions Survey

- New ways to connect and engage UK members
- Support for groups submitting CSC motions
- Feedback invited to shape an informed UK conscience
- Inspiring more members into service

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Planning ahead....

VE Constitution

Creating written policies, procedures, and guidelines as part of the NSC Constitution

PI H&I

Reaching codependents in areas without meetings



Sponsorship

Registration system for regional/time-zone Step Study Groups (Po5)

Thank you

Mandy D., Rochelle S., Delegates
Kate F., Alt Delegate

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