

CoDA UK – NSC Meeting - Minutes
7th November 2020
10.30-2.30pm
On Zoom

Present:

Bryony	GSR Monday Night Manchester, North Region Comms Secretary, Website meeting list coordinator.
Kate F	GSR Beckenham
Kate	GSR Islington, Website Committee
Bruno	NSC Treasurer (acting LSER Treasurer) & GSR Chiswick
Tony	NSC Chair and CoDA North Rep. Fallowfield Thur Eve
Pete	GSR Bournemouth Mon & Website Committee
Gillian	GSR Stockton Heath / Noddfa Retreat. NSC Literature rep, Outreach Committee, Sponsorship Committee, CoDA literature committee, Issues and Mediation Committee
Alison	NSC Secretary, NSC PLI Insurance Rep. Bournemouth Mon
Andy B	LSER Chairman Secretary Canterbury
Dipak	GSR Watford NSC Communications Secretary
Annie	GSR Nethergong LSER Comms secretary
Guy	NSC GDPR / Guildford Men's
Shaf	GSR. Coventry
Hilary	NSC Sponsorship Workshop Rep home group Kingston
Mari H	Literature Secretary Bournemouth Mon
Scott	GSR and Treasurer Dundee Group
Sue	Liverpool Group
Hannah	Host for Bournemouth online group
Tindi	GSR Edinburgh
Emily	GSR Bournemouth Women in Recovery Group

1. Welcome The meeting started with a moments silence, the Preamble, 12 steps, 12 traditions, 12 service concepts and an explanation of the 30 second time out rule and a reading of the guidelines for sharing.

2. Feelings check in with some fellows providing details of their home groups.

Watford 15 – 20 members. Healthy financially. Service positions filled.

Birchington Monday online Currently have a vacancy for New Comers Rep. 15 – 20 members, self-supporting, **Sunday morning meeting** currently has no GSR with up to 25 attendees many international.

Thursday Nethergong meeting online only and will stay online 20 – 30 regularly part of the East Kent meeting group, all service positions filled. The East Kent groups are holding a convention in February to include a special meeting on Service.

Manchester City Centre currently online and will stay online as the venue has closed, service is an issue, the Treasurer has stepped down they are experimenting with co-secretaries sharing documents on screen. 6-8 members each week with some newcomers numbering 10 in total.

Islington Women's Online currently have 18-26 members with 4 – 5 people attending the F2F meeting. Currently have a vacancy for a Treasurer and Chair, but people are stepping up to co-sec.

Chiswick Friday evening 4 – 5 regulars plus newcomers. Averaging 10-12 on Zoom, currently no option to return to venue. Finance healthy. Service positions filled to run the meeting but 2/3 positions are shared by the same people. Some concern about the length of time some people have been in positions.

Stockton Heath Women's only. Regular attendance of 12 online with 20 – 25 who come regularly. They have a WhatsApp group which is well used as well as a closed group on a Tuesday evening for fellows working in steps 1,2 & 3 which is now going on to work steps 4 & 5. She is on the Noddfa retreat committee which they hope to run virtually in January. November is gratitude month so can all groups send donations to CoDA.

Bournemouth Monday 15 – 20 attendees on Zoom including newcomers and visitors. Also meeting F2F in a larger venue with 5-6 attendees. Service positions largely filled although many service positions were due to be renewed in the summer but that was delayed to see how the two meetings develop. Currently have floating Secretaries giving people the option to do service.

Coventry, online 8-9 people and F2F on Sunday 4-5 people, lots of international visitors.

Guildford face to face 8-10 people since August, Sunday morning Zoom meeting has 20+ attendees several service positions are unfilled but functioning well.

Liverpool meeting on Zoom

Bournemouth Women in Recovery Group. Was meeting the first Wednesday of the month only when face to face, now meeting fortnightly on Zoom. 10-20 people. Lots of newcomers leading to assigning a newcomer rep. They have a prudent

reserve and a fund for literature so fully self-supporting, they have a number of international attendees. They have recently extended the meeting to end at 7.45.

Beckenham currently meeting on line and investigating whether or not to return to F2F.

Dundee new meeting started online in June, plan to go F2F at some point but due to some people not being able to go F2F, may have to stay online too. 10 attendees. Active WhatsApp group for outreach. All service positions are filled. Financially ok for Zoom and are having discussions around prudent reserve to cover any potential rent going forward for F2F meetings.

Edinburgh, currently 3 meetings, Wednesday, Sunday mixed and Monday Women only. There are active WhatsApp groups for all of them. Wednesday group very vibrant and attracting lots of members from all over the UK.

Fallowfield/ South Manchester Thursday Night up to 10 fellows at the F2F meeting.

Kingston 15 – 20 people online, 2 new co-secretaries. Literature and Treasurer positions currently being discussed. No GSR at the moment. Attracting lots of national and international attendees. Sponsorship workshop on 14th November.

3. Voting entity and establishment of spiritual timekeeper. Of the 20 people in attendance 17 can vote (NSC member or meeting GSR) and Hannah volunteered to time keep.

4. Signing off the minutes from 8th August 2020.

Tony explained that the NSC have a procedural issue regarding the minutes from last meeting and in the discussion about it, he was keen not to single anyone out for criticism. He explained the NSC is a victim of its own success, we are doing lots of work and lots of people have service positions. We have LSER, Northern Region, Pi Committee, Website and Communications, Literature, GDPR, Sponsorship Secretary all developing in the last 12 months. The issue regarding the last minutes is we have not been following procedure, no one is at fault and no one specifically is responsible.

He explained the procedure for creating the NSC agenda - a month before the meeting The Secretary (Alison) puts out a draft agenda containing any regular agenda items plus any ongoing issues, any member of the fellowship then has the opportunity to send in additional subjects to be added for inclusion, relating to their groups/ committees, the final agenda is sent out to the whole fellowship a week

before the meeting date and published on the website , this procedure ensures the fellowship writes the agenda not the committee. Fellows then have an additional opportunity at the meeting itself to get more issues added to the AOB list on the day which will either be discussed or carried forward depending on time constraints.

We then have the meeting and The Secretary issues draft minutes requesting feedback from the attendees, when 50% of the people attending have agreed the minutes they are circulated to the fellowship as final so action points can be progressed. The minutes from the meeting on 8/8/20 was the first time in the last 3 years we have been unable to get 50% of the attendees to approve the draft minutes, so they remained as draft.

The reason for the kick back was issues around the process concerning a vote conducted under the Chairman's letter section of the agenda for A Senior Voting Delegate for the CoDA Service Conference (CSC) being held in Ottawa. Tony asked anyone who attended the August meeting to give 1 minute of feedback on that issue.

Bryony said that the minutes were an accurate representation of what was happened and is happy for them to be published in their current format, the problem is what happened, we should not have conducted the vote in the way we did in the meeting and that's what needs discussing?

Pete the minutes did represent what was discussed in the meeting in terms of what was said, at the AGM in February and NSC meeting in May several discussion points overran their allocated time and there were stressful and emotional discussions leading to the meeting getting behind schedule and people's memories possibly becoming hazy on the detail. Identified that he needs to be more familiar with the contents of the Fellowship Service Manual and it may be useful for others also so the information in it forms part of the debate so meetings and communications can remain healthy. He also recalled the Senior Delegate role and attendance being mentioned outside of the minuted meetings in the NSC WhatsApp group on the 17th July 2020, before the issue was raised under the Chairman's Letter agenda immediately following the WSC agenda item at the meeting in August.

Annie This was a historic issue to the last meeting so didn't understand the matter, she was lax in not coming back and was happier the regular members of the NSC who knew more about it to deal with it.

Alison apologised for not participating in the discussion at the meeting on the 8/8/20 because as Secretary she was trying to write the minutes. She wanted to make

amends for not speaking up during the discussion as she felt the process round this vote was un-boundaried. Because she was unable to get 50% approval for the minutes due to the fellowship being unhappy with a vote being taken on a subject which had not been raised before, wasn't an agenda item and with none of the supporting background information, she had concluded that the minutes could not be put forward as final without the mandate of the NSC attendees. To avoid this happening again a documented process was needed at the NSC for proposals/ votes, to ensure proposals were put forward in a boundaried way with integrity so they could be communicated to the wider fellowship with transparency.

Kate F was at the meeting and recalls the discussion about the senior delegates and wanted to thank everyone for their service and apologised for not responding on the minutes which she felt the minutes were a good reflection of what happened.

Bruno has no recollection of what happened at the meeting, there are things attributed to him which he cannot remember and it is of no interest to him.

Dipak was not present at the February AGM but was concerned when reading the minutes that an individual had been signed into a committee role when they had not achieved the minimum requirement of attending 2 NSC meetings. He was unable to sign off the last minutes, because again there had not been due process regarding the voting on the Senior Voting Delegate role. He expressed concern that due to the work load and peoples service commitments a lot of things tend to be pushed through and its possible for the committee to get railroaded because there is such a need for people to do service.

Tony asked Dipak to clarify what he meant by pushing things through, which decisions?

Dipak in the February AGM, an individual was signed into a role on PI without the qualifying service, the qualifying service requirement was agreed on and needed to have been enforced. The second issue was the CSC Senior Delegate role where the process wasn't followed and the NSC was railroaded into agreeing something. The third problem is time, having so many agenda items and limited time means that there is a risk decision are pushed through rather than being able to deliberate all the supporting material and crafting the best proposal.

Bruno came back in about the issue in February which he understood was a reversal of a decision or a clarification in August with a reference to a Fellowship Service Manual as a sort of law we have to obey, Tradition 4 says 'Each group should remain autonomous except in matters which effect other groups or CoDA as a whole' so he believes we can do what we want, none of the suggestions including the statement that 'Some Voting Entities select a Junior and Senior Delegate' are mandatory.

Guy did provide feedback to the Secretary on the minutes of 8/8/20 and didn't appreciate the impact of this point because he wasn't at the AGM and does agree it would be healthy if we had some sort of system where people are reporting information to the meeting and what they would want a decision from this meeting on , so a decision is clearly asked for backed up with supporting information.

Andy thanked The Secretary for the minutes and her efforts to get a mandate from the attendees, he felt they were a reflection of what transpired in the meeting , he recommended a reading from the Traditions that few issues require a rapid decision and doing things with due process is an important part of a spiritual practise.

Alison queried how to move this forward and asked if we need to establish a procedure round agreeing agenda points?

Tony summarised that the minutes are a reflection of what happened, so he believes we can sign them off after the feedback received. We do need a procedure in place or just communicate the existing procedure more clearly? He reiterated that any member of the committee or any GSR or fellow can communicate any issues they want discussed to the Secretary for inclusion in the agenda.

Dipak said he was concerned about who decides which issues from those raised go on the agenda, because there is always a time restriction so things don't get dealt with so who decides which items go first and therefore get discussed.

Alison reminded the committee that the issue here was that the Senior Voting Delegate vote which had not been put forward as an agenda item at all. She accepted that there can be an issue with discussing all the items raised in the time we have, but the problem here was item which had never been proposed to go on the agenda in the first place.

Bruno asked if it had been put on as an AOB point?

Alison replied it had not been mentioned at all

Bruno said that in that case we should have the discipline not to discuss it.

Alison replied that that was the problem.

Gillian said that she had raised concerns about certain things and the gaps in between and it had been difficult to get hold of Tony and that she had suggested when she had spoken to him about things which had been missed in February following the protracted discussion about the 2019 CSC delegates expenses at the February AGM. She is concerned about the Traditions and the 12 Service Concepts

being followed and the welfare of CoDA. She had been traumatised by the emails she had received from the Secretary asking for supporting information for the Senior Voting Entity proposal and then advising her that she didn't have the mandate of the NSC because the minutes couldn't be agreed. She was told by a very senior member much higher than the CoDA UK NSC that she must go to the CSC. We just have to understand the Fellowship Service Manual, its all there particularly sections 1-3 and she would be very happy to guide people through them. She was voted in in 2019 and Tony should have come with her to Atlanta but due to his back problem he couldn't go and so she went alone with another fellow who flew down to support her. She believes all the issues here are based on misunderstandings and people not understanding the Fellowship Service Manual and process and we should all follow process which isn't difficult. She believes it is important to discuss it and the agenda, her literature thing wasn't even mentioned even a small part but she has sent a very detailed report on literature for CoDA and world-wide and for the CSC report. She has sent a CSC report and it is online she apologised for it being so long but it is to encourage people to go and she has had a lot of positive feedback about how it really helped them understand what is going on in the world of CoDA and its structure and we need to let people know that groups and not this committee are the most important and the forum here is to discuss GSR issues everything else should be done by sub-committees especially at this difficult time with the uplift in members especially literature and she thanked our publisher who is sending things out and the GSR's who are keeping the meetings going.

Tony wanted to bring the discussion back to the point we were discussing which was the signing off of the minutes of August. He was trying to be as objective as possible which was difficult because he had just been accused of not following procedure by someone not following procedure , he reminded us that it is not his job to communicate issues to the NSC or the regions it is down to each person with a service position to do their own communication via email so the Secretary and other service position holders can pick things up. He believed we were in a position to sign off the minutes from August.

Bryony wanted to add a further point on procedure , she had found the request for reports in advance of the AGM very useful and asked if those submitting reports added the detail of what action point needs to be decided to be included at the end of each report , which can be included as part of the agenda item when it goes out.

Alison seconded that.

1)Signing off the minutes for August proposed by Tony and seconded by Andy.

Against – 0

Abstain – 6

Voting in Favour – 9 motion carried.

Tony then raised the other proposal, which was not on the agenda so we should be disciplined in line with the recent discussion and not have a vote on it?

Alison suggested that for the AGM we establish a proposal for all these things which could include Bryony's point as well. **Tony** agreed.

Bryony said her understanding was that a major part of this problem had been procedures not being followed so she felt her proposal should be a part of the discussion.

Tony reiterated that we are continually talking about items not on the agenda which is pulling us down blind alleys which is having consequences we don't intend. He is very keen to have procedures to ensure boundaries are in place and suggested moving it to AOB.

Bryony offered to craft a proposal which if we have time could be voted on in AOB and if there isn't time to carry it onto the AGM.

Andy supported the idea of following due process and moving items which are not on the agenda to AOB, he was concerned that there was only 5 minutes for AOB and his group had an issue which was on the list and may not be discussed.

5. Region Reports CoDA North and LSER

Bryony CoDA North is working well meeting 14/ly on Zoom with good attendance. No business to bring forward.

Andy LSER had a meeting on 3rd October which 7 GSR's attended, of which 2 were committee members, they currently have vacancies for Treasurer and Regional rep. A job description has been requested by a person thinking of being Treasurer. They intend to continue meeting on Zoom and review that decision annually. They have established the eligibility to vote along the same lines as NSC. They have started to review finances to establish a prudent reserve, a large proportion of the LSER funds may be passed to the NSC but that depends on what activities the LSER decide to undertake. There was a question regarding which events should be under the NSC or LSER for example Ken & Mary / sponsorship workshops, should these be LSER? They have advised GSR's that donations be sent to the NSC , until the LSER has a Treasurer and the account is fully functional again. They are sending out a questionnaire to groups asking how to encourage attendance at the LSER, what support GSR's and groups actually want? When should the meeting be , options on Zoom, hybrid or F2F formats Discussions on the outreach and sponsorship WhatsApp group communities.

The Comms secretary has sent out communications regarding the next LSER which is 2-5pm on Jan 19th 2021.

Annie LSER Comms Secretary. She has been discussing with Dipak the best way of communicating with GSR's, they are trying to establish what is required from the groups and hope a viable LSER can be re-established. The feeling is that for the sake of unity that communications from the NSC to be sent out via the LSER and visa-versa this needs discussing at the AGM.

Pete asked about the geography of the LSER and asked if it was effectively CoDA South and where Bournemouth sits?

Andy said there had been no change but wasn't clear about the exact boundary.

Annie replied that if Bournemouth is receiving comms then they were in the LSER area

Bruno commented that if any GSR or fellow from a London group was unable to attend the LSER due to distance, they could just come to the NSC meetings.

Tony agreed everyone is welcome anywhere in this fellowship. He also wanted to remind everyone of a long-standing proposal which needs raising at the AGM. Now the LSER has a Chairman and a Comms Secretary it's a possibility that at the AGM we could vote to reinstating the LSER, so they can then send a representative to the NSC to represent them as a committee. The LSER bank account can also be moved back to the LSER committee.

Andy said they would need a Treasurer to handle the LSER bank account. They only have 3 people in service.

Dipak replied to Pete that he was told Bournemouth is in LSER region. He also suggested that before the AGM that he get together with Annie, Bryony, Pete and Kate to discuss contact management, which communications secretary handles which communication to whom?

Annie replied that when she had picked up the LSER comms role, she hadn't got a GSR contact for Bournemouth.

Dipak responded that when Annie took over Bournemouth didn't have a GSR.

Hilary confirmed that historically the LSER covered the whole of the South and it was very poorly attended and suggested that until the LSER is fully established again with good attendance that it should stay that way.

6. Communications Update Bryony and Dipak.

Dipak Both email addresses are running well, traffic down, and he wanted to extend thanks to Pete/ Kate and Bryony who get things done, the improvement has been incredible

Written report received from Bryony 1/11/20

At present we have:

108 meetings listed

Of these:

- *58 are closed in person due to the Covid situation and are running as an online meeting*
- *12 meetings are meeting in person again (although 1 of these is currently suspended and one has been reported as not running by a newcomer, though no confirmation from the group contact)*
- *14 of these are online only (some pre-existed, some have been formed since the Covid situation began, and some are groups which have stayed online as separate meetings when their venues reopened)*
- *24 are closed due to the Covid situation and are not running an online meeting*

By region:

- *England*
 - *London 22*
 - *Midlands 9*
 - *North 9*
 - *South East 32*
 - *South West 16*
- *Wales 3*
- *Scotland 4*
- *Remote access (ie online only, with no physical presence) 13*

Contacts/GDPR

13 meetings don't currently have a contact listed. Of these, 3 are closed, 2 are meeting in person and 8 are online with clear instructions/links for joining the meeting, so only the two which are meeting in person are risking newcomers arriving at a venue and not having someone to contact if they can't access the room/the meeting is closed temporarily due to lack of service, etc.

With regard to GDPR, 59 meetings have provided consent to list their contact numbers which is just over half. We have improved the text on the Meeting Details page about sending consent when making a change to contacts and this is starting to filter

through. I am slowly working through the remaining 36 meetings who have contacts listed but no consent provided.

Website Meetings List Service

I am partway through writing a guide to how to do this service, and I would like to request a volunteer to test the guide for me when it's finished, to ensure it's understandable by someone who might not be very techy (like me!) or familiar with the software being used. Having the guide available means that the service role can be handed over or shared at any point, should I decide to hand in my service or be prevented from carrying it out. If anyone would like to volunteer to read and test out that guide, or would like to find out more about it, please volunteer at the meeting or email meetings@codauk.org – I'll be happy to chat to you about what's required.

Bryony repeated her request for a volunteer to sense check her software.

She also asked that if anyone has a problem when clicking on an email on the website that they should contact the webmaster to eradicate any errors. All email addresses should be written out in full so people can type them in if need be, but some may have slipped through the net.

7. Treasury Report

CoDA UK – Treasurer Report – 7th November 2020

The balance of the NSC Lloyd's account is £12,802.90 and the balance of the LSER co-op account is £7,626.66. The combined balance of both accounts is £20,429.56.

1) CoDA UK - NSC Treasurer Report

Credits into the CoDA UK NSC Lloyd's Treasurer account since the last NSC meeting total £2,541.08 and debits total £580.28.

The balance of the NSC Treasurer account is £9,795.84. The balance of the CoDA UK Lloyds Business Bank Instant Account is £3,007.06. The balance of both NSC Lloyd's accounts total £12,802.90.

CoDA UK NSC LLOYD'S TREASURER ACCOUNT

NSC Lloyd's Total

£12,802.90

DATE	DESCRIPTION	DEBIT	CREDIT	Balance
29 Jul 2020	OPENING BALANCE			£7,835.04
03 Aug 2020	HULL MEETING CLOSE		£68.69	£7,903.73

06 Aug 2020	GILLIAN EXPENSES	£580.28		£7,323.45
11 Aug 2020	SPONS WKSHP TRADITION 7		£10.00	£7,333.45
17 Aug 2020	SPONS WKSHP TRADITION 7		£5.00	£7,338.45
17 Aug 2020	GUILDFORD W TRAD 7		£500.00	£7,838.45
17 Aug 2020	GUILDFORD W PL INS		£38.00	£7,876.45
24 Aug 2020	EXETER CODA TRAD 7		£150.00	£8,026.45
01 Sep 2020	CODA COVENTRY PLI		£38.00	£8,064.45
01 Sep 2020	CATERHAM TRAD 7		£275.00	£8,339.45
03 Sep 2020	HATFIELD TRAD 7		£25.11	£8,364.56
04 Sep 2020	CODA LSER TRANSFER		£1,086.28	£9,450.84
07 Sep 2020	SHREWSBURY TRAD 7		£30.00	£9,480.84
23 Sep 2020	SAT MORN 7TH TRAD		£25.00	£9,505.84
30 Sep 2020	EAST KENT ZOOM TRAD 7		£120.00	£9,625.84
05 Oct 2020	SAT WOMEN S ZOOM TRAD 7		£72.00	£9,697.84
27 Oct 2020	MANCHESTER CENTRAL TRAD 7		£50.00	£9,747.84
30 Oct 2020	SAT MORN 7TH TRAD		£10.00	£9,757.84
02 Nov 2020	BOURNEMOUTH MONDAY PLI		£38.00	£9,795.84

CoDA UK NSC LLOYD'S BUS BANK INSTANT

DATE	DESCRIPTION	Debit	Credit	BALANCE
09 Jul 2020	BALANCE CARRIED OVER			£3,006.91
10 Aug 2020	Interest		£0.11	£3,007.02
09 Sep 2020	Interest		£0.02	£3,007.04
09 Oct 2020	Interest		£0.02	£3,007.06

Credit and Debit Analysis

Credit	Total
Trad 7 Donations	£1,272.11
LSER Transfer	£1,086.28
PLI Meeting Payments	£114.00
Meeting Close Donation	£68.69
Credit total	£2,541.08

Debit	Total
GILLIAN EXPENSES	£580.28
Debit total	£580.28

- Tradition 7 donations were received from the following meetings: Guildford Women, Exeter, Caterham, Hatfield, Shrewsbury, Unidentified Saturday Morning, East Kent Zoom and Unidentified Saturday Women Meeting
- Transfer in of CoDA NSC funds from CoDA LSER account

- The Hull meeting closed down and donated their remaining funds to the NSC.
- A couple of donations were made by individuals following Sponsorship Workshops.
- Three payments towards PLI were received from the Guilford Women's, Coventry and Bournemouth

Loan Book

No loans were extended to new meetings since the last NSC committee meeting.

There are currently 5 loans outstanding, 5 of which have not yet repaid anything.

Meeting	Loan	Repaid	Due
Aberaeron	£37.60		£37.60
Consett	£104.35		£104.35
Glasgow Woodside Halls	£37.60		£37.60
Luton	£227.40		£227.40
Wokingham	£147.58		£147.58
Grand Total	£554.53		£554.53

None of these meetings appear to be currently listed on the website. Treasurer suggests writing these debts off after attempting to contact the last known meeting contact persons or treasurers to inquire about status of meeting treasury.

NSC Commitments

Due to lock down and the consequent virtual nature of the NSC committee meetings, some items of expenditure have been cancelled such as meeting venue rent and travel expenses.

The main items of expenditure [to date](#) and remaining are:

PLI Premium	£665.00
Website WordPress Hosting	£204.00
NSC Travel Expenses	£204.72
WSC 2019 Unpaid Expenses	£863.88
K&M Workshop Unpaid Expenses	£276.97
Zoom Pro Subscription	£143.88
Domain hosting for coda-uk.org	£20.00
Email hosting	£272.40

More detailed information about past and planned expenditure can be found on the Commitments Nov 2020 which is an integral part of this report.

The treasurer needs input from the NSC and the service position holders to develop a Commitment Schedule for 2021.

2) NSC Account Signatories

The mandate variation form is currently being signed by the new signatories and the former signatory.

The treasurer has received signatures from two new signatories and is expecting signatures from one new signatory and the former signatory.

The new signatories have currently been set up as full power signatories with no online access to the account.

It might be worth considering whether other signatories need to have online access to the account to manage circumstances when the treasurer might not be able to provide service

This concludes the NSC Treasurer's report.

	Jan-20	Feb-20	Mar-20	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20	Total
1 - Website													
Domain												£20	£20.00
Web hosting			£204										£204.00
Email hosting											£272		£272.40
Development													£0.00
Subtotal	£0	£0	£204	£0	£0	£0	£0	£0	£0	£0	£272	£20	£496.40
2 - NSC Meetings													
NSC Rent													£0.00
Zoom Pro Subscription					£144								£143.88
AGM Rent													£0.00
Travel Expenses		£205											£204.72
Subtotal	£0	£205	£0	£0	£144	£0	£0	£0	£0	£0	£0	£0	£348.60
3 - Sponsorship Workshops													
Rent													£0.00
Travel Expenses													£0.00
Subtotal	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0.00
2 - PLI													
Premium			£665										£665.00
Subtotal	£0	£0	£665	£0	£0	£0	£0	£0	£0	£0	£0	£0	£665.00
3 - Public Information													
t.b.c.													£0.00
Subtotal	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0.00
4 - WSC													
Travel													£0.00
Accommodation													£0.00
Subsistence													£0.00
Admission													£0.00
WSC Bursary @ £0.766													£0.00
Unpaid Expenses		£864											£863.88
Subtotal	£0	£864	£0	£0	£0	£0	£0	£0	£0	£0	£0	£0	£863.88
6 - Events & Workshops													
Unpaid expenses		£277						£520					£797.25
Subtotal	£0	£277	£0	£0	£0	£0	£0	£520	£0	£0	£0	£0	£797.25
Total	£0	£1,346	£869	£0	£144	£0	£0	£520	£0	£0	£272	£20	£3,171.13

3) CoDA UK - LSER Treasury Report – 7th November 2020

Credits into the CoDA LSER Co-op account since 8th August 2020 total £25.11 and debits totalled £1,086.28. The balance of the CoDA LSER Co-op account is £7,626.66.

CoDA LSER - COOP

DATE	DESCRIPTION	OUT	IN	BALANCE
06-Jul-20	Opening balance			£8,687.83
04-Sep-20	Transfer to CoDA UK NSC	£1,086.28		£7,601.55
04-Sep-20	Hatfield Tradition 7		£25.11	£7,626.66

Credit and Debit Analysis

Credit	Total
Intergroup Donations	£25.11
Credit total	£25.11

Debit	Total
Transfer to CoDA UK NSC	£1,086.28
Debit total	£1,086.28

Now that there is a working LSER Committee, the NSC treasurer suggests that the LSER Co-Op account be handed over to the LSER Committee.

This concludes the NSC treasurer's report on behalf of the LSER.

Guy thanked Bruno and asked if we were proposing to write off new meeting loans and whether we need to vote on that?

Bruno said that was not his intension and he was going to contact the groups, he wanted to discuss at some point if the loans should actually be a donation to get the groups off the ground and so they would then no need repaying, but he hadn't done any work on that.

Bryony Hull meeting was not on the website, also Aberdeen meeting not on the website, she asked that if anyone is in touch with any group not on the website please ask them to get in contact to get their meeting details listed.

Bruno explained the first communication he had from Hull was that they were closing, hence them not being on the website.

8. Website

Pete Centralised email platform, historically fellows doing service have made do with a variety of email solutions, this causes problems when service position holders change. Our hand was forced when it became apparent that a lot of the delivery was going through an old domain when the registration expired so all the emails being routed through that domain were bounced back and disappeared. Since the website has gone live, we have been publicising the new domain name. Using Office 365 is more cost-effective option which gives us more flexibility on the licensing options we have so we now have emails set up there, some forwarding as well as primary emails. If anyone needs help with accessing the emails then contact Pete to go through it. Cost for current level of service £272.40 which Pete paid for. Pete wanted to put forward a proposal that he be reimbursed.

Bruno suggested adding these annual domain costs to the commitment breakdown so they can be voted on in that process.

Tony asked how many emails we have?

Pete said 10 mail boxes, PLI doesn't have one because that's already been well publicised using a Gmail address.

Tony asked for a Chairman one to depersonalise it and one for Secretary.

Dipak has a CoDA Gmail account too.

Pete confirmed it was possible to have numerous emails feeding into these mail box accounts allowing for multiple service positions.

Dipak asked if they came with any storage

Pete the main Comms one and the Webmaster for file sharing and collaboration they have online storage, sharing, Microsoft teams access , the storage is 20-50 gig.

Bryony would like storage for meetings, they are currently using a spreadsheet but would like shared storage or individual storage.

Pete said creating a shared space under the webmaster and communications with full access to the other accounts who need it was the best solution.

Guy asked if there was as length of time emails could be stored, the privacy statement says 12 months.

Pete replied that controls can be set centrally but this hasn't been set up yet. So a discussion is required and we are best to remove that statement until we have made a decision.

2) **Pete** proposed that he is reimbursed for the cost of the Office 365 centralised email platform. **Tony** seconded it.

Object – 0

Abstain – 1

Voting in Favour – 16 – Voting entity increased to 17 because Tindi is a GSR. Motion carried.

Pete the other agenda point was moving personalised email and email content into this new service and he offered support if required.

Tony suggested adding that to the agenda for the AGM

Bruno wanted to add for the record that there is a deadline of the 1/1/21 on the Yahoo account being used by the Treasurer, there would be a cost of £2 a month to keep it going as a professional account.

Pete said that he could help with the data transfer to an office 365 account and it would take 2 hours, so it is not necessary to keep the Yahoo account going.

Guy – GDPR Action point from August was that we would publish a privacy statement on the website, he plans to discuss it with Pete off line and will circulate the proposed wording to the committee to get feedback within a week, if there are minimal issues then it can be published as is and if there are a lot of issues the decision to publish can be pushed back pending longer consultation. He feels we need to get it on the website. He has been discussing GDPR with Bryony & Dipak, a fellow had asked if they needed permission to retain someone's details. He would encourage anyone receiving fellows contact details to ask from the outset if they are willing to not only have their details retained for that specific purpose but also to receive additional CoDA information, this avoids the need to keep asking people and resolves a lot of the GDPR issues.

Scott at his meeting to prevent Zoom bombing, fellows are required to email to get the meeting details, he was querying if he needs to delete the email addresses or ask permission to keep them?

Guy replied ideally delete or ask permission to keep them, but it is not that sensitive because people are wanting to get into a meeting so they want that info.

Dipak thanked Guy for his service and invited him to a Zoom call where there was to be a discussion around managing contacts.

Bryony asked that when Guy sends the copy for the privacy statement that he also suggests where on the website it should be published, how will fellows use it and therefore where would they expect to find it?

9. PI Subcommittee update

Kate F Presented the posters and explained how they had conducted a survey to establish the best poster. She extended thanks to Kate (Islington) Lauren and Philip. Link to presentation –

<http://bit.ly/codaUK-pi-november-2020>

One query was if the poster needed to be signed off by CoDA.org

Tony said he had emailed CoDA.org 3 times and he keeps getting told he will get a response but no one has come back.

Kate F said she had looked at CoDA US, Australia and had enquired if they get posters signed off? They don't.

She then provided a summary of where we are: In the January meeting the NSC had decided that the existing posters don't work, they need to be bolder and be clearer about what the condition is, so the PI committee looked at the recovery space.

They conducted a survey amongst the CoDA fellowship with a variety of designs and one poster came out significantly higher amongst the respondents. With Covid and physical spaces being restricted they looked into digital projects, this led to mapping out a digital footprint which led to making connections within the NHS and counselling sector (organisations and counsellors) there has been service from Hannah and Shaf. The query is what additional wording is required on the posters, can the committee provide guidance or is the NSC happy for that work to be carried out by the PI team? What does the PI team need to do to get the posters on the website?

Pete feels that people have been voted in as trusted servants to do this work and the posters should be put out to the fellowship so they can be used and feedback provided.

Kate said that the poster chosen was black and white, so that will make it cheaper for groups to print.

For the next stage of reaching out to NHS she has been using the CoDA.org public information letter with a link to the free leaflets which CoDA.org distribute with an offer to send physical packs of leaflets to the organisations. With Covid lots of offices are closed so the question is how we move this initiative forward.

She is organising a meeting to include all the members of the PI committee to share the work load of reaching out to the recovery space, it would be great once Covid is passed to get some funding to distribute leaflets across regions. So, we need a sign off on ball park figures regarding the numbers of leaflets required. We are getting organisations including MIND reaching out to us so hopefully with Catherine, Shaf, Hannah, Irene and Philip the momentum will continue.

Has the committee got any guidance, the PI committee are looking in the recovery space including people who educate the recovery space.

Dipak thanked Kate for her service. He asked if she had consulted the Fellowship Service Manual for the correct working for the poster? Has she made contact with the outreach team of CoDA Canada to look at their approach, there are some really influential people there who sit on the CSC and they seem to have a good process and structure in place?

Bryony suggested putting the poster on the website and asked if there would be space for groups to customise it? Could text be dropped in?

Kate F She had contacted CoDA Canada regarding getting posters signed off and they don't, but she will ask them more about their process? Is there anything specific about the wording which needs looking at?

Dipak replied he thought the CoDA logo had to be included?

Gillian replied she is on the Outreach committee which is PI at CSC and they work closely with hospitals and institutions. On the poster according to the Fellowship Service Manual, you can use the logo but not the phrase 'to thine own self be true' because that is CoDA inc only and copywrite. She said we need donations from the NCS for prisons and mental health things to send the 'information for professionals' and 'your first meeting', both of which are produced by outreach. She thinks there are national GOP forums coming forward and it would be nice to have people help on them. Donations from the NSC to fund this would be helpful. Anything anyone

needs to know from Outreach, please furnish Gillian with the details because she attends a meeting monthly and she can raise issues internationally and world-wide.

Kate F replied that if any events come forward, she would appreciate help from committee members and will circulate the details via the WhatsApp group.

She said she could look at a programmatic solution to make the poster editable so groups could type in what they wanted, the poster which has been chosen has tearable strips at the bottom which people can tear off with the CoDA email address on it. She does believe she could offer a programmatic solution enabling meetings to put their details in, she would like some feedback on the type of information groups would like to add in and she can work something up and put it on the website in a private space with a password.

Bruno does the NSC need to make representations to organisations outside CoDA? It would be more appropriate to make the posters available to the fellows and meetings to distribute local to their meetings. He believes there could be a committee responsible for distributing to hospitals and prisons. He thinks the budget should be created by the PI committee based on how many leaflets they think they need and use that to form a proposal.

Hannah asked for a breakdown of how much the items cost.

Guy thanked Kate F and the committee for their work. He said how surprised he was when talking to a trustee of MIND that they knew nothing about 12 step groups and offered to help the PI committee to contact some of these charities, not necessarily MIND. He also did costings for a mail out on behalf of the Guildford group which he was happy to share outside the meeting,

Kate F has made contact with 3 MIND areas mainly in London, we have a number of counsellors mentioning CoDA too. She queried if it was a problem for the committee if we did reach out to organisations outside CoDA.

Tony said he had experience in advertising and campaign planning and if Kate F wanted some input from him, he would be happy to help. So much progress has been made.

Emily asked if we could have more than one design for different applications? She felt collaborating with outside organisations was OK for CoDA but not affiliating? She works in Health and Social care setting and thinks these posters would be great. She asked if Gillian could confirm if the global Outreach was open to all fellows or just the committee?

Gillian Outreach is for CSC participants only. CoDA is based on attraction rather than promotion, Gillian wanted more exposure for the 2 minute film on the website and wondered what we could do to publicize that more. CoDA are planning on doing more videos if anyone has any ideas. She also suggested someone write an article anonymously for publication explaining about co-dependency, because the general public don't understand.

Bruno expressed concern that the general trend of this conversation was towards promotion rather than attraction. Although he agreed the work done so far is brilliant. Can we investigate more key words which explain co-dependency which through search optimisation would lead people to the website? Rather than campaign planning which sounds more like promotion?

Tony Work carried out in PI and the website is incredible. The PI team need to come up with a rough guide of costs for leaflets and distribution ideas etc which can be discussed at the AGM.

Pete said he was happy to provide input based on work done by Bournemouth on outreach to professionals,

Kate F thanked Dipak and Pete for help getting more people onboard to do service which led to Hannah, Shaf, Irene and Catherine coming forward. She will follow up on offers of further help from Tony, Guy and Gillian.

10. Update on CSC 2020.

Tony was completely confused about the conversations earlier so he handed over to Gillian.

Gillian has published on the CoDA website a 9-page report on the 2020 CSC (Coda Service Conference). This explains how the committees are created and the various motions that were put through and she had received wonderful feedback on it. It is a requirement of delegates to publish a report for the group they represent.

Gillian then read her CSC report.

11. Questions relating to the Literature Report

Gillian provided the following report .

I have been asked to write a half page on the literature report for the NSC as your Literature Secretary.

However, there is quite a sizeable amount of news and it will not fit into half a page.

I was hoping for a 10-minute slot to relate developments for just CoDA Literature alone and then 5 minutes or so to remind Committee members of my Report on the CSC 2020, which I have already sent by email to each NSC member and posted on our codauk.org website a few weeks ago for the wider CoDA community for their information, but apparently - it seems - there isn't time to discuss this important, detailed Report.

My belief, and that of many in recovery in CoDA, is that CoDA Literature, is a mainstay of the CoDA recovery program. It seems sad that 10 minutes in the Agenda today 7/11/20 could not be accommodated for me to be allowed to report on the major developments being made globally that affect CoDA Literature and the CoDA Fellowship as a whole, at these challenging times.

Regarding our most helpful CoDA publisher in the UK, Martin: He informs me that he is managing on skeleton staff because of the pandemic and he is most grateful for the goodness of one particular person who is working alone - because of restrictions - to send out Coda Literature supplies, whilst managing to continue with the increasing demand and flow of CoDA Literature being supplied in ever difficult circumstances - with couriers who are experiencing major problems of their own in distribution etc.

Even though there is increased demand and couriers are being impacted by the COVID-19 virus, we have many newcomers who need fresh supplies as well as renewed interest from present members who are re-establishing their commitment to the CoDA Recovery Programme and the increase in Step Groups across the country, because of the effects of COVID-19.

I do have a list of suggested conference approved CoDA literature I have put together - suggested booklets and leaflets that members of Coda especially new to CoDA, might like to avail themselves of - ever mindful that expense might be an issue for some. However, I have to point out that there are lots of free downloads on codaliterature.co.uk and coda.org websites, even in Spanish - together with the free downloads from the Founders - Ken & Mary Workshops - in both London and Liverpool in October 2019 - again downloaded from our website free of charge, (but if people wish to, they can donate freely to either codauk.org or coda.org - who need revenue from meetings, especially those on-line to continue the steady flow of support once sent from face-to-face but now meeting on Zoom/Skype or Telephone). Costs still amass in keeping the not-for-profit wheels of CoRe publishing arm of CoDA still turning.

At CSC (CoDA Service Conference) 2020, I (with guidance from our publisher) sent a request - to optimise titles especially the Big Blue Book and to have more eco-friendly

literature and where we urged CoRe (the publishing arm of CoDA in the US) to use more sustainable and green resources.

I presented this viewpoint to both the CSC 2020 - our international annual business service conference – and the CLC (CoDA Literature Committee) which is part of CoDA Inc. of which I am honoured to be on their Committee.

Older publications are being replaced by new or reworked booklets and pamphlets i.e. the old 'What is CoDA' pamphlet being replaced with things like the pamphlet 'Your First Meeting' or the other pamphlet which is called 'Information For Professionals' - both of these actually introduced by the global Outreach Committee of CoDA Inc. - again of which I am also honoured to be a Committee member. (P.I. In the UK). We work together with the H & I Committee (Hospitals & Institutions) sending free CoDA Literature to Mental Health Institutions and Prisons etc. which the NSC have talked about - but have never actioned, as yet, but this facility in the UK is desperately needed.

The CLC are also making updated changes to the 'Making Choices' Booklet which is helpful for working and applying Step 6 together with wonderful positive affirmations, and we are also updating the CoDA 'Newcomer's Handbook' - both Booklets for presentation at the CSC 2021 and for new publication. They will all go into re-printing next year, hopefully.

The CoDA Literature Committee are also working on a new meditation book that will need 366 new entries appertaining to gratitude/positive affirmations and referring possibly to CoDA approved Literature - so if anybody has been helped or inspired by using a particular piece of CoDA Literature - please feel free to contact me on gilliancoda@gmail.com with your contributions (similar to our present CoDA 'In This Moment Meditation' Book - but even more helpful to the still suffering codependent). Please note that this information would be useful to distribute to all GSRs - General Service Representatives of their local Group who are the conduit for news and recovery to their Home Groups.

We are also in the process of compiling entries for our stand alone new book - The 'STORY GATHERERS' Project. This is a stand-alone book, celebrating our individual journey into CoDA and passing on our Experience, Strength and Hope in the amazing Fellowship of CoDA.

These will be stories from all over the international world of CoDA. They will be similar, yet different, from the stories in the back of the CoDA Blue Book - written more than 30 years ago -but encompassing the CoDA fellowship worldwide - with people relating their own personal stories of where they've come from, where they've been and where they're heading in their recovery in the programme of Codependence Anonymous.

We are interested in people of all different ethnicity, race, religion, LGBT etc. and especially immigrant families - and it might be helpful to hear people's stories whilst they've been going through this pandemic and how it might have strengthened their resolve and recovery in the face of adversity and their journey to discovering, or rediscovering, their own loving, kind, gentle, non-judgemental and all-accepting Higher Power.

Regarding the Story Gatherers Project - It would be helpful to send out information to all GSRs (General Service Reps.) throughout the UK and to hopefully find CoDA members who would like to give service by writing their story and sending it me on: gilliancoda@gmail.com

All entries must be written and received by the end of December 2020 (and at the very latest January 2021). Hopefully 900 - 4000 words - or 3 to 10/12 pages long.

These stories have to be edited etc. and presented for approval and acceptance for CSC 2021 in Ottawa, Canada - way ahead of time, so do think about giving service by helping others receive your valued Experience, Strength and Hope and loving support by carrying the CoDA Message of Recovery.

Regarding our UK Long Version of the Serenity Serenity Prayer:

I presented it to the CoDA Board of Trustees in a Motion before the CSC 2020 and they unfortunately rejected it, as they usually do on first attempt and they mentioned about re-presenting it as a VE Issue (I was also voted by CSC 2020 to the IMC (Issues and Mediation Committee) and know the difficulties in getting Motions & VE Issues passed.

However - in the interim, I received very favourable emails from several CoDA Board members and when we had a virtual weekend CLC Retreat back in September - discussing our new proposals for 2020-2021 with a board member present - the CLC heard our UK Long Version of the Serenity Prayer and thought they would like to include it in their next printing of the CoDA Prayer Booklet and said they would like to also present the UK Long Version of the Serenity Prayer under their CLC wing - so to speak - where it would have a much better chance of being adopted by CoDA worldwide. They also mentioned the short and long version of the Preamble and felt they could do the same with our Long Version Serenity Prayer - as in a shortened and long version of the Serenity Prayer. This is indeed a very healthy outcome - as they have now adopted it and are ready to present it in the coming CSC 2021, which we hope will be enough for all to benefit from such a moving and helpful prayer.

We are most fortunate to have such an amenable publisher in Martin who is happy to work with us in the UK on any new proposals, including the printing of posters for the Long Version Serenity Prayer, the CiDA 12 Steps and CoDA 12 Traditions and the 12

Service Concepts together with our new P.I. Posters when we are over this pandemic. Also, we might think towards celebrations of CoDA 35 Years in October 2021 and maybe CoDA bookmarkers or Journalling book to honour the 35 Years

The new CoDA 12 service concepts which were produced at CSC by Canada, had a good response at conferences and we are hoping that it will be represented next summer, after we have worked on it over the next months in the CLC where it will be re-presented to CSC 2021 and hopefully ready for download and publication in booklet form. There was also a wonderful prayer brought to conference. It was presented as a new CoDA Service Prayer;

Higher Power - Please help us to stay mindful in our service work, reminding us that we do not seek personal power, nor do we govern or control others to advance our personal agendas, instead we practice:

- Anonymity- Humility- Tolerance- Gratitude- Amends- Forgiveness

At the CSC the three foundation documents which we voted on for slight changes to sample the preamble the Coda welcome and tradition 11 as well as the 12 Service Concepts need to be re-presented at the CSC 2021 where they will need to pass a Motion for 75% to be accepted.

These all affect our CoDA Literature i.e.

The suggestion for CoDA Tradition 11 is:

*".....at the level of press, radio, television and all other public forms of communication"
Also the CoDA Preamble 'men and women' to be changed to 'people'.*

Also, I have been informed by a previous member of the Board that after the resounding success of the 30 Questions 1 - 2 - 3 we will hopefully be having a 40 Questions Booklet on Working Steps 4 & 5 in the near future. I will keep you posted.

The wonderful thing that is so positive is that CoDA Inc. have a Campaign to inform all CoDA members that it is "Recovery Through Service" and "Carrying The Message" of CoDA recovery to the co-dependent that still suffers.

Tony asked if there were any questions on literature?

Pete raised this as a possible AOB, could we look at centrally funding postage on literature while so many meetings are meeting online rather than individual groups funding it? Also funding the poster to hospitals and institutions to make use of some of the Tradition 7 funds?

Gillian suggested information put on line about the use of Paypal Pools facilitating groups continuing their Tradition 7 donations while online. She then read the CoDA service prayer:

Higher Power help us to stay mindful in our service work reminding us that we do not seek personal power, nor do we govern or control others to advance our personal agendas. Instead, we practise anonymity, humility, tolerance and gratitude and forgiveness.

12. AOB

Alison listed the items:

Hilary wanted to give an update on sponsorship

Dipak wanted to discuss the ongoing start time of the meeting

Andy raised a question about how to handle fellows who share inappropriately

Pete Raising topics between meetings and the regularity of meetings and the subject of funding the postage of literature which he raised in the previous point.

Guy – communicating with the fellowship – some sort of Chairman’s letter?

AOB Sponsorship - Hilary There is a workshop on the 14/11/20 emails have gone out to meeting contacts and GSR’s, it is on the website, some chairs are needed for the workshop covering Sponsors / Sponsees / Step Group members / Co-sponsors. Frank has been helping her and the WhatsApp groups are flourishing and they need someone to do the monitoring of these groups to keep them safe. There is also a membership committee which has been meeting up to organise the script etc which has 5 members.

Emily asked if the sponsorship event was being recorded

Hilary said the last one was, but she will find out. There are going to be break out room this time. There are also 3 WhatsApp groups on outreach used by 300 people internationally. Shaf and Dipak have done some marvellous work. There is one on Outreach, one for fellows wanting a step meeting and the third supporting people who want to be a sponsor and want to ask someone a question (not as popular as the other ones) It is very important to have admin on these Whatsapp groups because there are issues from time to time and people need to be kept safe.

WhatsApp links (to join the groups):

<http://bit.ly/CODA-working-steps-as-group>

<http://bit.ly/CODA-Outreach-calls>
<http://bit.ly/CODA-Sponsor-support>

AOB Start times – Dipak when we met at Waterloo we started at 1pm now we start at 10.30.

Tony said at the AGM we agreed to drop the meetings down to 4 and extended the day to 7 hours to get all the work done that was never actioned due to Covid.

Bryony proposed alternating between the morning and afternoon making it easier for meetings who meet on Saturday to attend the NSC.

Gillian wanted to move the meeting to 1-5pm.

Dipak commented that whether we start at 10.30 or 1 the Zoom meeting would still be 4 hours?

Pete said that the motion at the AGM, was as a consequence of travel times to London / Manchester where it made sense to have the F2F meetings longer, hence the proposal to reduce the frequency but increase the length of the NSC meetings at the AGM. However, with Covid, 7-8-hour meetings on Zoom were not practical so we had opted for 4 hours. The proposal concerned Zoom meetings only and because there were no issues with travel we could alternate between Morning and Afternoon and the proposal needed to reflect that.

Gillian reminded us that the next meeting is the AGM

Due to the extended discussion on this and the 5minute time cap being exceeded on this agenda item **Andy** asked that we move onto the next AOB point before we run out of time?

AOB Handling Fellows who share inappropriately – Andy fellow who doesn't identify as co-dependents, share consists of rants against public bodies and other fellows don't feel safe. Not covered by the guidelines for sharing but is covered by the Secretaries reading – limit your sharing to CoDA principles? It has been discussed at group conscience and the fellow attended one of these and identified themselves as the person causing the problem, they got angry and felt shamed.

Pete said there was advise on how to deal with this in the 'Healthy Meeting Matters' booklet and the Fellowship Service Manual. Bournemouth meeting includes a statement in the guidelines for sharing which states that shares must not make references to racism, sexism or violence following an issue they had had in the past? If someone feels these guidelines have been violated then the guidelines can be reread to create a safe space.

Gillian is on the Issues and Mediation Committee, fellows can immediately call a group conscience, if any further guidance is needed, she can take problems to the IMC.

There was then a review of the outstanding AOB items.

Tony we need to decide on the time of the next meeting which will be the AGM, he asked for proposals.

Bryony 4 hours on Zoom is maximum

Kate 4 hours too

Tony asked if we could stretch it to 4.5 hours because we are always strapped for time to cover all the agenda items and make decisions.

Pete said that's why he had raised his point of meeting frequency and duration and resolving matters on WhatsApp between meetings so we only have to have the votes at the meeting because proposals have been finalised? Maybe some interim meetings between now and February.

Alison said she would struggle to do more than 4 hours, and when we have succinct reports like the Treasurer does, we have all the information before the meeting and can quickly make decisions.

Tony summarised by saying any sub-committee representative submitting a report needs to submit that for circulation before the meeting with suggestions for proposals which need to form part of the agenda point circulated as part of the final agenda 2 weeks before the meeting.

Andy finds that in the meeting some members share with a lot of repetition which takes up time and he exhibits some co-dependent behaviour when confronted with repetition, perhaps we should add some wording in the Secretaries introduction along those lines?

Bryony has posted some wording in the Zoom chat for discussion regarding a proposal moving forward and asked for feedback, this process can then be trialled for the AGM

Tony summarised the proposal that any sub-committee /GSR/ NSC meeting attendee needs to put forward an agenda item and provide any supporting information in report form to be circulated before the meeting, if necessary, the agenda item should have also included a proposal so fellows know what they are voting on in advance.

Hopefully this will make the meeting process more informed and succinct. **Alison** seconded that.

Tony asked Bryony to read out the words she had crafted. **Bryony** said she would like peoples input and to maybe use it for the AGM and then see how it worked and get feedback from fellows to see if it had made the meeting more productive.

Gillian said that there must be space for GSR's to have a voice.

Dipak said he was baffled by the proposals.

Tony replied it was easy to get baffled. He asked for confirmation of what we were trying to agree?

Alison replied that no one had disagreed with the 4 – 4.5 hours for the AGM. Combined with Bryony's suggestion to make the process more succinct creating more time for GSR's to speak.

Tony asked Dipak to clarify that he wanted the meeting on Saturday 6th Feb to start at 1pm?

Dipak replied no because the next meeting was the AGM.

3 – AGM on Saturday 6th February to start at 1pm and last for 4- 4.5 hours.

Against – 4

Abstain – 5

In Favour 6 **Alison** asked what that means in terms of a group conscience?

Andy asked if we apply Roberts Rule of Order to Voting. Tony said he didn't know what that meant?

Tony made a statement, he has been serving as Chairman for 3 years and has committed to 5 years, since Covid and the move to Zoom, he is finding it difficult to chair the meeting, he explained he will Chair one more meeting on Zoom out of courtesy but will struggle to continue if we carry on with the lack of boundaries and items being dropped into the proceedings with no supporting information? It is completely out of bounds and he is struggling to serve, we are not sticking to time boundaries .If someone else wants to step in as chairman after February then that would be fine , but he was not prepared to carry on with the current lack of boundaries.

Pete proposed a hybrid of Zoom meetings in-between the F2F meetings assuming we can go back to F2F to reduce the demands on meeting time?

Annie asked if we should be sending the vacancy out to the groups for Chairman?

Pete reminded us that anyone being voted into a position on the NSC would have to have attended at least 3 meetings to be eligible, so we would need a temporary person in the role.

Dipak asked how we got here and he is shocked that this has come at the end of the meeting. Regarding the details of the AGM, he would rather a conversation took place on WhatsApp to craft a solution in line with Tradition 2 rather than decide something on the spot?

Mari has heard that this group needs more boundaries and shape, if between now and the next meeting we work on the boundaries it may work better. It is disorganised. Everyone has a responsibility to maintain their own boundaries round time and what they need to do.

Hilary is saddened that Tony wants to stand down and thinks he does a brilliant job and if we could be more boundaried would he carry on?

Tony lost connection due to a power cut at his home.

Pete suggested we discuss the length of the meeting and start time on WhatsApp?

Bruno reminded everyone we can't discuss the start time of the AGM at the AGM.

Andy said he didn't think it was the time of the AGM we were discussing but the other meetings? And gave a vote of confidence in Tony as chair. Can we move timing of the regular NSC meetings to AOB at the AGM.

Tony (reconnected) and asked if we still needed to decide when the AGM was starting and for how long, The AGM is Saturday 6th Feb.

Alison confirmed that the proposal had been for the start time of the AGM at 1 pm and to last for 4.5 hours and that the issue was 4 voted against with 5 abstaining and 6 in favour and whether that was a group conscience?

Bryony asked if we could put aside 30 mins of the 4.5 hours at the AGM for AOB so there was more time to deal with those issues?

Emily asked if we could have a longer comfort break at the AGM?

Dipak replied that decisions on comfort breaks could be made at another time? Should the AGM be 4.5 hours and should it start at 10.30 or 1pm?

Alison tried to formulate a proposal?

Andy commented that we weren't in a position to make a proposal because so many people had left the meeting and the Chair wasn't present. The meeting is finished.

Dipak said he agreed with Andy and we don't need to make a decision now and we should say the serenity prayer and end the meeting.,

Pete replied that as we didn't get a 2/3 agreement on the decision to move to 1pm, then no decision was made and so we still have the original 10.30 start and as we get more details the rest of the agenda will work out.

Andy agreed and said the committee as trusted servants should make any alternations to that as necessary

Alison asked for clarification of what was going on as minute taker

Hilary said the meeting is on the 6th February and starts at 10.30

Dipak disagreed and replied that the original proposal was to start the meeting at 1 and no decision is required now, there is plenty of time until February and then many months until the next scheduled NSC meeting.

Pete read the promises and we all said the serenity prayer, the meeting was closed.