

## 2014 INTERNATIONAL CODA CONFERENCE REPORT

The International CoDA Conference took place in Kissimmee, Orlando, Florida. 8 – 10 July 2014, The CoDA Conference held each year takes care of the business of the CoDA Fellowship. After ICC, the Convention followed on 10-12 July 2014 consisting of workshops and speakers

Each Voting Entity - each country outside the United States or each State within the US can send two delegates and two alternates to represent them at conference. Only Delegates may vote at ICC however, they may pass their votes to alternates if they are unable to vote. The ICC is open to all CoDA members.

Some VE's may decide to re-write their motions in order to clarify its meaning and purpose. This is referred to as crafting.

A Pre-conference meeting and workshop was held on Monday 7<sup>th</sup> July 2014 (See Appendix 1)

An International breakfast meeting took place each day before conference. Countries represented on the first day included Malaysia, United Kingdom, and Canada. Discussions focussed on what countries hoped to gain from these meetings. Deborah R suggested that the meeting invite committees to answer queries and share their experience and knowledge.

Day one of the International CoDA Conference opened with Serenity Prayer, 12 Steps, 12 Traditions, and 12 Service concepts. After introductions, welcome and announcements the Facilitator Michelle, opened the conference for business.

The CoDA Board explained the previous days' meeting (See Appendix 1) and details of their Strategic Plan. [www.coda.org](http://www.coda.org) The Board's intention is to provide opportunities for members from different committees to form workgroups for the services internal and external areas.

One significant change for the Board is employing the services of an SOS organisation -Association and Management Company to help with business and technical side of CoDA.

The CoRE Board gave a short report outlining their accomplishments for 2013-2014 and goals for 2014-2015 [www.coda.org](http://www.coda.org) CoRE circulated balance sheet for the years' accounts. Total publication sales for 2013, \$356 158, the royalties paid to CoDA from 2009 to 2013 is \$407,438. The total amount of Seventh traditions collected from 2009 to 2013 is \$19.548. Core produced a list of International for Sales 2013, the highest purchaser is the UK \$17,397.

The International Task Force Introduced delegates from the following Voting Entities: Southern California So Cal, Mexico, France, Washington, Seattle, and Malaysia (See Appendix 2)

At the International Breakfast meeting, Deborah R welcomed VE's. After introductions, VE's discussed what they hoped to achieve by sharing their experience, strength, and hope. Malaysia is starting to translate literature. United Kingdom is in the process of signing an assurance agreement, Canada offered to share their experience, strength and hope with the UK. So Cal representative also attended.

On the second day, the Conference opened with Serenity Prayer, 12 Steps, 12 Traditions, and 12 Service Concepts. The conference facilitator welcomed service committees to present their reports and motions to the conference.

John R introduced members of Issues and Mediation Committee. On page, one the diagram shows IMC at the bottom of the inverted pyramid. The process will look at disagreements with the fellowship this year. This can be useful in our lives (A shortened version taken from the FSM). IMC's main role is advisory, then to mediate using specific procedures. In rare cases, it will investigate documents and review any violations leading to sanctions. When Voting Entity's want to separate, there is a form on the website to help them.

Disagreements in emails do not require IMC's intervention. Both parties can use the information and apply it to resolve the issue.

[www.coda.org](http://www.coda.org)

Lou L. introduced members of the Finance Committee.

Co-nnections gave a PowerPoint presentation on the information available on their website and discussed their goals for coming year Co-nnections is online sharing of experience and hope in recovery using poems, articles affirmations. [www.coda.org](http://www.coda.org) .

Translation Management Committee gave a PowerPoint presentation and their accomplishments this year [www.coda.org](http://www.coda.org) .

During their PowerPoint presentation outreach circulated copies of Outreach Guide for Co-dependents Anonymous. They are working on the following areas: Guidelines for social media, Guidelines for satisfying traditions. They looked at other what fellowships were doing for ideas. Recently piloted a book study via teleconference - book studies double the fellowship. Providing accessibility for those with disabilities [prooutreach@coda.org](mailto:prooutreach@coda.org).

Next, Lisa B gave a presentation on behalf of the CoDA Board on the new website. The aim of the new website is to increase interest in the fellowship website [info@coda.org](mailto:info@coda.org) feedback welcomed [newwebsite@coda.org](mailto:newwebsite@coda.org) web contact [webmaster@coda.org](mailto:webmaster@coda.org)

Spanish outreach gave a PowerPoint presentation. [www.coda.org](http://www.coda.org)

Communications committee presented their report. They maintain four email subscriptions services. [www.coda.org](http://www.coda.org)  
<http://www.codependants.org/>.

International Task Force Introduced Voting Entity reports from Canada. Hungary and Italy (See Appendix2)

Quarterly Service Report is produced by every three months, the Board and Webmaster give an account for the previous quarter what they have done what they are working on what decisions they have made In addition, their future plans. QSR helps to keep up to date

with what everyone is doing throughout the year. Anyone can sign up for emails sign up [www.coda.org](http://www.coda.org)

At the International Breakfast Meeting, a TMC representative spoke about the role of the committee. Their vision is to work closely with the CoDA Board and other CoDA Entities to create a collaborative process facilitating the translation of CoDA materials into other languages. [tmc@coda.org](mailto:tmc@coda.org). VE's from Canada, Malaysia, and United Kingdom and So Cal attended,

Day three of conference began with the 12 Steps, Traditions, and Service Concepts. After a quorum, count the conference resumed business

International Task Force Introduced t Voting Entities reports from South Africa, Las Vegas, Germany, Australia, Pennsylvania, Czech Republic, and United Kingdom . (See Appendix 2)

The Literature Committee introduced their members The committee is responsible for creating and vetting all the literature that CoRE publishes except the Spanish translations. [www.coda.org](http://www.coda.org)

The Service Structure committee and the Board Liaison introduced themselves to the conference. [www.coda.org](http://www.coda.org)

Day four of the Conference began with the 12 Steps, Traditions, and Service Concepts. After a quorum, count the conference resumed business

The Conference Facilitator announced the Sponsorship list is circulating (includes those willing to sponsor) for delegates to add their contact details [info@coda.org](mailto:info@coda.org) . Sponsorship uses Skype, is available in English and other languages.

Events committee gave their presentation. They announced any bids on hosting future conferences to be submitted for conference two years prior to ICC email [events@coda.org](mailto:events@coda.org). Events will co-ordinate with Spanish Outreach to foster growth in attendance. They are creating a committee manual with the help of SOS. Their goals include increase awareness of the "Travel Reimbursement

Opportunity-Delegate” (TRO-Del) to assist with delegates attending conference.

Events goals are to ensure easier access to travel reimbursement for delegates, increase interest in local coda communities for hosting the CSC and ICC. Update “Hols-Travel Reimbursement Opportunity” form (TRO-Host): Guidelines, requirements Events were not able to give the location of next years’ conference. [www.coda.org](http://www.coda.org)

I left the conference to co-ordinate the Flag ceremony .Shortly after I returned the Motion to adjourn unanimous. The ICC ended with the Serenity Prayer

## **WHAT PROPOSITIONS DID CODA UK TAKE TO THE ICC CONFERENCE**

**Does CoRE have the same standards as CoDA with regard to terms of office on the Board?**

CoDA Resource Publishing - CoRE publishes CoDA literature and CD’s. They are a separate corporation and have their own Board and byelaws. CoRE does not have the same standards as CoDA.

**Are books sold at cost? This is UK commitment. Living within donations from regions and home groups, not profit from literature.**

The CoRE Treasurer reported most income shows royalties from CoRE, and 7th Tradition, and events - each quarter (Eventbrite funds are received periodically and then CoRE get the chunk at the time of the event). Expenses go to outside services and travel.’

**The UK NSC would like to see a conscious effort on the part of CoRE to bring in new people onto the board rather than the usual 80/20 split: 80 per cent of the work carried out by 20 per cent of the people.**

At 2014, Conference the term of office for CoRE Board Members was a maximum of three, three -year terms. CoRE Motion 1 [www.coda.org](http://www.coda.org) at conference was to have at least a one-year lapse after serving three terms.

**The UK NSC would like to ask CoRE whether they are currently doing the fellowship a disservice by staying on the board and denying others the opportunity to be of service. What are they doing to bring more people onto the CoRE board?**

Two openings on the CoRE Board and two alternate positions were vacant. At ICC the candidates, two members together with an alternate were elected.

**The UK NSC would like to ask CoRE when they put out a bid for printed matter does CoDA World look at different bids to see what the costs are.**

David L from CoRE gave the following response:

Coda World does not look at our bid process because we are a separate Corporation, If CoDA Inc., has a question about costs, they would have access to our financials and could raise questions at CSC or through CoDA Board liaison to CoRE Board.

Personally, I have had years' experience outside of CoDA working with publishing and have found low bid is not necessarily the best bid. Having a printer, you can work with and whom does quality work over long period is high on my agenda.

Your inquiry comes at an interesting time because coming reprints are going to cost more. The cost of paper has just gone up.

## **Is there transparency of CoRE finances for the delegates/membership of CoDA World?**

The Treasurer circulated a balance sheet for the years' accounts. On a separate page the total publication sales for 2013 is \$356 158, the royalties paid to CoDA 2009 to 2013 is \$407,438. The total amount of Seventh traditions collected 2009-2013 is \$19,548. Core produced a List of International Sales 2013, the highest purchaser is the UK \$17,397.

## **If CoRE were, experiencing problems the UK would like to know when they last had a group inventory process.**

There was no response to this question

## **The UK NSC votes for a 3-year period on the CoRE Board followed by 3 years off. UK Liaison voted against the motion .**

The conference voted unanimously against the motion. Votes 36 against motion declined

## **WHAT DID CODA UK GAIN FROM SENDING REPRESENTATIVES TO CONFERENCE**

The representatives gave CoDA UK a voice at the International CoDA Conference. A vote on motions at the conference, attending breakfast meetings with other internationals and presenting the UK Voting Entity Report. An opportunity to meet other co-dependants from other countries and committees; CoDA UK has an assurances agreement with Polworth Publishing as a non-legal entity. At conference, there was opportunity to network with Canada who has ten years' experience publishing their own literature with a Print and Distribution Contract with CoDA Inc. The International Task Force was voted in as a standing committee. Their aim is give a voice to Internationals whilst facilitating and supporting the growth of CoDA worldwide. By increasing collaboration between Voting Entities. Being a part of International Committee will greatly benefit CoDA UK. There was also the opportunity to observe and practice using recovery for service in the fellowship at world level. Putting tradition five into practice. 'Each

group has but one primary purpose – to carry its message to co dependants who still suffer’

The International CoDA Convention theme was ‘The Magic of Re-parenting Yourself’ There were twenty-two workshops over two days as well as three speakers. Michelle L opening speaker, Ken and Mary the founders and Jen L closing speaker.

### **WHAT DOES CODA UK WANT TO GAIN FROM ATTENDING THE NEXT CONFERENCE**

There is a great deal to learn from The International Coda Conference. It has a vibrancy and energy coming from members giving service at world level. The benefit of CoDA UK attending the next conference provides a voice and vote at conference. The opportunity to explore ideas on how continue to grow the fellowship. In the UK. Attending Committee meetings particularly Issues and Mediation, Outreach and the newly created International Committee as well as attending and participating in workshops.

## **APPENDIX 1**

### **Pre-CSC Meeting**

#### **MORNING SESSION**

The meeting opened with the Preamble, Welcome, 12 steps, and 12 traditions followed by the CoDA opening prayer and the CoDA third step prayer.

Delegates check- in and say how they are feeling, their work at World Service Level and on the directions God is intending for our organisation and us. A number of committees and countries attended at the meeting: Malaysia, UK, Canada, France, Germany, as well as states in America.

The Board now employs an SOS organisation – Associated Management Company for professional help with their website, they created a policies and procedures manual for getting things done for the services of CoDA. It is the Board's intention that all committees will have a copy of the policy.

Dominic from AMC circulated copies of pre CSC Board Meeting Questionnaire (Copy attached) the results of an online questionnaire given to delegates and committees after they registered for conference.

The results of the pre-CSC questionnaire led to the idea of forming workgroups to address the weakness and threats to the Fellowship. Service Campaign Internal Communications workgroup and an External Communications workgroup

Dagmar M put forward two ideas for changing the structure and addressing the way members of the board and committee work. Firstly, have a maximum of twelve years term of office on a board or committee. Secondly, after the term of office form a new advisory group (Twelve and Twelve named after term of office) to enable other committees to access their wealth of information, experience, strength and hope.

The Board developed a strategic plan in February 2014 (See copy) with an Associated Management Committee, SOS, as they required professional help with their website, policies and procedures manual in order to get things done for the good of CoDA and the services it provides. The nine initiatives will be reviewed within six months.

The policy and procedures manual is now complete and it is the Board's intention that all committees will be issued with a copy..

A short discussion followed:

- Not to get too excited about these workgroups there can be lots of interest in the beginning then it wanes,
- ICC is an opportunity to sign up people for workgroups
- Take these ideas to ICC and put them forward as a motion to be voted on by the fellowship.
- More information required get email address of every VE/Delegate attending ICC
- As a result of the groundwork carried out by the board and committees Outreach is going through a lot of changes

Lisa B gave a short presentation on the new website and asked delegates for feedback. Points raised were:

- Consider adding a message board
- Thank you to all who contributed to the designing of the website especially
- Reload old website to run alongside new one until it is complete.
- A blind member of the fellowship is able to access over 90 percent of the new website
- Concerns about the slide show , it is too distracting
- Comment made that without people volunteering we would not have any meetings
- Comment made about the need to be working on social media guidelines that require ICC approval and links to other things that exist.

- Message boards are very dangerous (AA message boards) given as an example. It will take about a year to sort out and to bear in mind that things move more slowly in 12 step fellowships
- Suggestions that each area have Community Board, particularly for those looking for CoDA and asking `where do I go?`
- Service structure issue to be resolved by exporting GSR from meeting contacts. This was not part of ongoing plan. however, documented for the future reference

## **AFTERNOON SESSION WORKSHOP**

Re-parenting led by David L (See notes)

David L gave a workshop based on Eric Berne's Transactional analysis model of parent adult child.

In first part, David L demonstrates with a glass of water and some earth at the bottom a child's clear perspective t becomes murky with negative statements from parenting. When the child is stirred up, their perspective gets murkier. What we learn becomes a habit, as we get older; we keep on repeating them. We do not know how to self-validate or nurture ourselves unless we are taught. When we are taught, that we are wonderful, good, and positive this helps our perspective to become clearer.

Affirmations and permissions are a bit like learning to remove the "G" and "V" when reciting the alphabet. It takes practice, making changes takes Time Energy and Communication. TEC.

The use of step one in the Big Book helps us to become more aware of our toxic messages. We learn how to re-parent ourselves by replacing these messages

We are wired to survive, in a fire we run, it is the flight, fight or freeze in a trauma. As we get older, we project out our trauma. "The box I live in is not my home. It is not the world I live in"; I now learn to expand my container.

In recovery, we expand our container, by expanding our consciousness we came to believe there might be something different, through having a relationship with a God of our understanding. He does not judge me for what I did or did not do. God loves me, God is in me, and I am in God. Doing this work - writing affirmations is what aids our recovery. What is often missing is the permission part. I need to give myself permission. I need to be true to myself

The second part of the session we do an exercise using the handouts writing down three permissions and three affirmations that we want to create for our five-year-old selves. The group split up into pairs swap sheets and say to each other their permissions and affirmations.

The more work we do and when we put in new information, we expand our container and our consciousness. The gunk is a smaller percentage. We cannot slip back. By practising step ten and looking at our Character Defects, we see that they are our survival tools.

## **APPENDIX 2**

### **INTERNATIONAL VOTING ENTITY REPORTS**

#### **SOUTHERN CALIFORNIA So-Cal**

So-Cal is a large area with 6 inter-groups, all have websites. There is a large Spanish and Farsi speaking community. Problems with literature -shared their experience of poor Spanish translation of the Big book not true to the language of CoDA. Fellowship paid in advance of the work being carried out.

#### **MEXICO**

Mexico banned three members for violating tradition seven, missing funds and trying to illicit money from members. They now have legal formation of groups. Have offices and structure in place to distribute literature from warehouses and able to conduct CoDA business. Fifty groups now registered.

#### **FRANCE**

Daniel T gave a presentation for France. This is a new area for CoDA meetings. Began with one person now there have small meetings in Paris, average attendance . They started translating the workbook to help the programme grow. Co-dependency is the common language. In French culture, they avoid most 12 step programmes but not Co-dependency. The word `co-dependant` and idea is very visible in their language and culture but CoDA as a fellowship is not.

#### **WASHINGTON SEATTLE**

Washington Seattle is a large diverse state, their website is [www.codawa.org/schedules](http://www.codawa.org/schedules). Meetings are face to face and by tele conference, one Coda meeting is held at a local hospital. There are daily meetings in Spokeane. In Seattle, morning meetings take place within an hour of each other. Crosstalk statement is sacred. They have a Women's group. The first Women's retreat now sold out. Other events include, annual winter retreat, "Spring into Recovery," a

beach picnic attended by 150 people. They hold a beach barbecue in August.

## **MALAYSIA**

Malaysia has only one coda meeting with 3-4 members. They are considering joining Australasian inter-group due to their small size. They co-operate with other groups in Petaling Jaya where there are seven twelve step groups for attractions and events and referring people on. Malaysia have a Blog put together by members, contains all the main materials for structure of programme. It is not linked to CoDA world due to limits with word press. Their needs and expectations are based on language. English is only spoken in urban areas, other languages spoken are Malay, Tamil, and Chinese they want to translate literature as this would help to grow the groups. Malaysia has discussed getting funds.

## **CANADA**

Canada has a growing area with an increase of 34 percent of English speakers and 5 percent French speaking.

The main problem Canada has is the great distance between groups that create difficulties in making contact, communication and delivering a consistent message. How to overcome these challenges is the use of technology. This helped a great deal

The aim of the Service structure is to overcome challenges. Coda Canada set up 3 years ago. They set up an intergroup in Vancouver and there is another one about to be set up in Toronto.

CDRS in existence in 14 years publishes and distributes literature.

CDRS and Canada are working together on financials, communications, and monthly board meeting to share ideas strategic planning. Help long distance members find sponsors. CDRS hosts website [www.cdrs.ca](http://www.cdrs.ca) meeting/news/information. [www.cdrsestore.ca](http://www.cdrsestore.ca) Ecommerce site- literature sales created through more interested in their literature.

Outreach initiated with CoDA Canada, Printing in Canada Literature sales have increased by 30 percent. New members want pamphlets. CDRS do in reach and outreach to people in isolated

places. Often they suggest starting a meeting if they are not willing to do this they keep email on file on website as a contact that can generate interest to open meetings in the future.

### **Future Strategies**

Develop CoDA Canada Website

Increase "Service" through committees

Assist groups to form Intergroup in their areas

Encourage participation in World Service

Increase communications

### **HUNGARY**

Rita gave presentation for Hungary via WebEx. Rita has been a member of CoDA for two years. There is one CoDA meeting per week in Budapest one meeting in the city centre Plage usually up five members attend meeting. They use the English version of Coda big book, the workbook and daily meditation. They have a Women's study group. Hungary would like to translate the Big Book in their language is in contact with Fernando and Krystal in TMC waiting for permission to go ahead

### **ITALY**

Alexa gave a Voting Entity report for Italy. They have a website [www.codipendenti.anonmenti](http://www.codipendenti.anonmenti) Italy has 30 groups, and 40 meetings per week. They have a skype group, three phone groups with an average 10 people participating. Average attendance at face-to-face meetings is 10-12people. NSC structure practice in place, practice seventh tradition. They do not have an intergroup, recently translated Fellowship Services Manual into Italian. Coda literature is in Italian. There is one English-speaking meeting. The main issue is not enough people to do service. In contact with CoDA Inc. Italy has 10 Monthly business meetings throughout the year with national and regional rep. They s use FSM when meeting face to face and with other fellowships. They have no contact with CoDA members outside Italy re service work. The Skype meeting is a monthly business meeting and a forum to meet with other groups to discuss business. Alexa highlighted the importance of being a member of International Task Force since the Skype group is virtual and still experimental.

The English-speaking meeting has no service structure, and does not meet with other groups. There is no GSR but they do use FSM. Next, step for growth is through word of mouth. There is no information on how to get support. Does not know how ITF can support this meeting.

## **SOUTH AFRICA**

South Africa gave a presentation via WebEx. Used a map to illustrate the distribution of meetings, showed seven meetings, five are held in Cape Town and two in Johannesburg. In South Africa, there are 11 official languages and 20-30 other languages

In Johannesburg, the average attendance at meetings is 5-8 members. Meetings are held in clinics have a higher attendance. Clients do not often attend once they leave. South Africa's aim is to spread the awareness of CoDA.

Thirty percent of the country is rural hence there are problems with transport, travelling to meetings at night can be difficult. Due to the low currency exchange rate, CoDA members go to the local bookstore to look for similar literature and to avoid the high cost of US postage. There is a lack of commitment to do service, this may be an international issue. South Africa would like to have more meetings but this is difficult without a core group or structure. Cape Town groups do not communicate with each other. SA sent out VE questionnaire report and this is now creating more awareness, now learning to spread the message

## **LAS VEGAS**

Las Vegas redesigned their website, set up an Intergroup, now meeting for three years. There are 12 weekly group meetings and one monthly meeting (rotates as a fellowship, speaker, topic), now added a men's stage meeting. Las Vegas has started a Spanish-speaking group and is working to spread the word about CoDA and start more groups. They have hosted meetings at a Recovery Club and word is getting around about CoDA. They hold a Closed Step Study Group and for new members starting out on the steps. A year ago they started a program in Shade Tree a homeless centre for women with and without children. Have now requested to have a teen meeting. Their Outreach program is going well, they are talking to therapists within the community and referring patients to CoDA. Also

working with the law enforcement offering materials and meeting information

## **GERMANY**

Werner gave a Power Point presentation for Germany. He showed the service structure. They are established as a non-profit organisation. have 13 people in service positions. Translated In this Moment Daily Meditations work in progress on other documents. Coda Germany website is <http://www.coda-deutschland.de/> Webpage anonymity shows shapes not real people. CoDA Germany has a lack of reliable volunteers and a low budget they hold conferences in hostels as a cheaper alternative

## **AUSTRALIA**

Yvonne P gave a report for Australia. CoDA started in 1998 they celebrated their 26<sup>th</sup> birthday making them two years younger than CoDA US. The fellowship has grown since last year. There are 34 English Speaking meetings held in New South Wales and Queensland They had one Spanish-speaking meeting that is no longer running. Australia, invited New Zealand and Singapore to participate in intergroup meetings on 2<sup>nd</sup> June 2014 and plan to meet every two months. They have renamed the group CoDA Austral-Asian Inter-Group then created a Regional Inter group for Queensland and Northern NSW. Intergroup meetings take place by conference calls. They practice seventh tradition

To overcome the difficulties finding Sponsors to work the programme Sydney CoDA Inter group set about developing a structured Sponsorship Program (using CoDA endorsed literature). Out of this came "The First 14 Days" Workbook for (Sponsees), and a list of questions. Sponsors will usually give the Sponsee one day at a time (or negotiated); to help the sponsee come to a greater understanding of how co-dependence affects them and what their "bottom-line" codependent behaviours are. This gives the sponsee a good starting point from which to begin working the steps with their sponsor using the CoDA workbooks and helps sponsor/sponsee to learn more about each other. Australia is holding the First CoDA National Convention in Byron Bay 2014 entitled "Hope of Recovery." Particular challenges they face include lack of commitment at all levels. Meetings start and stop technological advancement and training needed, though access to

technology is not a requirement; the postal service is their main method of communication. Australia is a large country; they need to use technology to reach out to all the long distance members. They need funds mostly to order more literature. The endorsement of literature from CoRE is slow or non-existent stays on file for a long time. They are trying to reach out to young people and retain meeting numbers.

## **PENNSYLVANIA**

Dave R gave a report from Pennsylvania. This year is their 25<sup>th</sup> attending World conference. Pennsylvania has 28 meetings. They are rebuilding intergroup five members are inter group leaders three of these are new. They have two- step study groups and two Hospital and Institutions (H&I) groups. Events include hosting a holiday party, one-day workshop in Allentown 12<sup>th</sup> year in Oct 2014. Three delegates from Pennsylvania are doing service at ICC one is going for a Board position. Pennsylvania also supports New Jersey who does not have an intergroup by holding a retreat there. Delegates from Massachusetts and New England and Florida also attend. They do outreach activities to therapists.

## **CZECH REPUBLIC**

Czech Republic gave a presentation via WebEx. Meetings are held in Prague no translation has been carried out on their literature. There are no answers to questions, as the literature is too expensive. Foundation documents are used are Czech language the others are in English. They are connected to the Slovakian group who have more groups and are more active, some are ex patriots. They have no budget for events and are trying and work with other groups and institutions but not sure how to do this. Czech Republic wants to do online workshops and welcomes this opportunity for outreach and growth.

## **UNITED KINGDOM**

Coda has been running in the UK since 1998, researching when they started, hard to work meetings are not registered with CoDA Inc. there are 81 meetings in UK. 23 in London, 2 in Scotland, 4 in Wales. Regional group in the midlands where there are 19 meetings. The remaining is spread across SE and SW of England. Attendance at meetings varies 8 – 12 per meeting. The CoDA UK structure has a National Steering Committee that meets once a month via Skype

(sometimes more frequently for ad-hoc issues) and quarterly face-to-face and via email.

CoDA UK uses the Fellowship Services manual to help clarify things. They are excited to be involved in its update. They are self-supporting using the 7<sup>th</sup> Tradition occasionally, attend conference. They reach out to the US via emails. Have Mixed retreats (Salisbury) Women's Retreats, Workshops, Daytime Workshops in London. Sponsorship focussed workshops once a year. Founders Ken and Mary ran workshop. They have a website [www.coda-uk.org](http://www.coda-uk.org) includes meetings, documents, and hopefully soon CoDA shares. Highlights of UK: Ken and Mary running a workshop in February. Health Commissioning in Liverpool has mentioned CoDA on their website as a non- medical form of mental health care. Meetings are growing in the UK and they welcome more free literature on the US website, more pdfs .The UK is about to. Sign an assurance agreement for one year as a non-legal entity. Looking forward to the International Task Force and more help.

## **ISRAEL**

Rami gave a report on the history of CoDA. Rami joined CoDA by accident 11 years ago. He discovered CoDA Israel existed for 20 years and got smaller. He tried joining a women's group. Then he joined an English-speaking group for 3 years until it closed. One year later, he opened a Hebrew speaking CoDA meeting with the help of work done by someone with NA with OA experience. There now 22 CoDA groups in Israel, 7 in Jerusalem.

The Foundation of the committee gave a big push for CoDA in Israel. Their main is task-translating literature into Hebrew. They bought the Hebrew website and now can see books in Hebrew. CoDA Israel gets daily enquires on web contact form. In Jerusalem, there are formal elections for the regional group. They want to learn from this experience and develop the structure on a national level. Rami expressed gratitude for his attendance at the 2014 World Conference. Marathons CoDA meetings are held on holy days, they have increased membership for those who were not aware of the fellowship CoDA Israel intend to develop outreach through its National Steering Committee focus on literature and their website. There are no options for future events in CoDA . They thanked Evie for her support.