

CoDA UK – NSC Conscience Meeting Part 2

20th March 2021

1pm

On Zoom

Present:

Bryony	GSR Monday Night Manchester, North Region Comms Secretary, Website Committee. Temporary NSC Proposal Secretary
Tony	NSC Chair and CoDA North Rep. Fallowfield Thur Eve
Pete	Literature Secretary Bournemouth Mon & NSC Website Committee
Gillian	GSR Stockton Heath Women's Meeting; NSC Literature Secretary; Women's Retreat & Noddfa Retreat Committee; 12-Piece Relationship Toolkit Shrewsbury Committee; Northern Region Literature Secretary; Sponsorship Committee; for CoDA Inc.: Outreach (Global) Committee; CLC (CoDA Literature Committee); IMC (Issues & Mediation Committee). Hospital and Institutions Committee
Alison	NSC Secretary, NSC PLI Insurance Rep. Bournemouth Mon
Andy B	LSEr Chairman; Secretary Canterbury GSR Birchington
Hilary	NSC Sponsorship Workshop Rep home group Kingston
Philip F	GSR Penmaenmawr
Candy	Bournemouth online group
Dipak	GSR Watford NSC Communications Secretary (part)
Emily	GSR Bournemouth Women in Recovery Group-online
Mari	GSR Bournemouth Group - online
Stuart	GSR Sunday 9.15am Men's online meeting
Ian	GSR Monday Evening Men's Victoria- online
Guy	NSC GDPR / Guildford Men's
Tim	Newcastle
Sarah	GSR Clapham
Philip	Altringham Hale
Frank	Sponsorship Workshop Committee
Carol	
Anna	

Apologies : Bruno, Kate, Kate F, Sue , Scott

1. Welcome The meeting started with a moments silence, the Preamble, 12 steps, 12 traditions, 12 service concepts and a reading of the guidelines for sharing.

2. Introductions and Feelings check in. This included a request for any AOB. Tim put forward a point to be discussed.

3. Voting entity established 15 were eligible to vote and Frank volunteered to be spiritual time keeper. Each agenda item was allocated 10 minutes, with the proposer speaking for 1 minute and then 30 second shares thereafter which would be timed by the Chair. Tony also reminded the group that the guidelines for sharing could be

re-read at any time and there was the option of a 30 second time out. The Chair then read some recently agreed proposals to inform the discussions.

4 Proposals

- **Proposal 1** Proposer/s: Alison, Secretary. Guy (NSC)

That the minutes to NSC meetings be limited to the proposals/ votes only and relevant committee member's reports detailing business information e.g. Treasurer's Report / PI / Hospitals and Institutions.

The minutes will include 'dissenting voices' which will be specifically relayed to the secretary after the vote, the comments will be attributed to the member which made them.

Abstain – 0

Against- 0

In favour – 15 – motion carried

- **Proposal 2** Proposer Alison , Secretary.

Agenda items discussed at the NSC be limited to the following categories:

1. Business issues which require a solution e.g. literature contract is up for renewal, the literature secretary presents the T & C's for the new contract for approval.
2. Initiatives which promote CoDA unity and support carrying the message to other codependents which still suffer e.g., budgets for a CoDA helpline.
3. Issues which would benefit from the experience, strength and hope of the meeting attendees. e.g. A GSR has a problem at their group, have NSC attendees got any experience which could contribute to the next conscience to the next conscience meeting when the issue is discussed.

GSR's / committee members making proposals for agenda items would need to consider which category their proposals fall into, so that a balanced agenda can be planned to cover all kinds of business.

Abstain – 5

Against- 7

In favour – 3 – no further action

- **Proposal 3** Proposer: Tony – NSC Chair

To have a vice chair and vice secretary as well as a proposal secretary to support the flow of NSC meetings within the boundaries set by the conscience of the group.

It was agreed after 10 minutes of discussion that Tony would come back at the May meeting with job descriptions. No vote required.

- **Proposal 4 a & b** Proposer: Guy NSC

To publish via regional meetings and GSR's an overview of the activities of the NSC in the last (12) months and to request feedback from individual meetings' group consciences as to the matters that they would ask the NSC focus on for the next 12 months. If the NSC agrees that some form of communication be a good idea then to ask for volunteers to form a subcommittee to prepare a draft to bring to the next NSC meeting prior to publication.

After a discussion it was proposed that some form of communication be developed by Guy and a subcommittee.

Abstain – 2

Against – 0

In favour – 12 – motion carried

Individuals subsequently contacted Guy through the Zoom chat to offer service on this.

- **Proposal 5** Proposer Pete, Bournemouth Literature Secretary and NSC Website Committee

To provide funding to groups or codaliterature.co.uk to cover the cost of posting literature to members during lockdown.

Abstain – 8

Against – 2

In favour – 4 – no further action

An action point for next meeting in May came up as part of the discussion. **We were advised by the NSC Literature Secretary that the literature supplier is providing free material to some members. In the spirit of Tradition 7, what is the process around the NSC refunding the literature supplier for this?**

- **Proposal 6** Proposer: Bryony NSC Proposal Secretary

To retrospectively vote Gillian in as the CoDA UK representative for the CSC in 2019 and 2020.

Abstain – 2

Against – 3

In favour – 8 – (some members of the voting entity had left the meeting by this stage)

- **Proposal 7** Proposer: Tony NSC Chair

Can we get Comms and the Website committee to communicate the number of newcomers requesting a call from the national email address from a local

person (monthly numbers if possible, with reference to setting up a national help line.

After the 10-minute discussion it was agreed that no vote was required but Tony would have a chat with Dipak.

5 AOB

Tim asked for experience, strength and hope on the subject of the new agreement WhatsApp have issued and the implications for anonymity and if the NSC should make the wider fellowship aware of this problem.

Other platforms including Telegram, Discord and Signal were discussed as alternatives to WhatsApp.

Frank offered to send out some information he had gathered on the various platforms which he has classified according to the Traditions, he asked for service to support him on this.

Tim proposed that the committee agree to send an alert to all members to the potential problem regarding WhatsApp.

After further discussion it was agreed that Tim would work with Frank on a formal proposal for the May meeting regarding this issue. The proposal should include all the back ground information so the committee can make a more informed decision than was possible today.

Next meeting full NSC meeting - Saturday 1st May. 1 – 5pm.